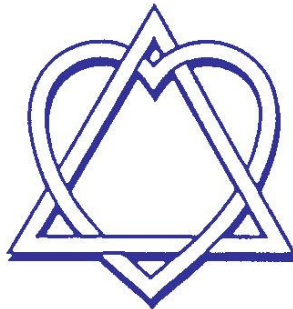


**METAPHYSICAL SOCIETY  
TRAINING**

**PROSPECTUS**

**THE PRINCIPLES AND PRACTISE  
OF  
APPLIED METAPHYSICS AND METAPHYSICAL COUNSELLING**



Edition 4

## THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING

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The Metaphysical Society (MSEC) is a network of qualified, registered Metaphysical Practitioners and Teachers which was founded by Christine King in the mid 1990s. It aims to provide a forum for the awakened individual seeking an interesting programme of personal development and spiritual growth and it also serves as a training faculty for metaphysical counsellors, practitioners and teachers.

Qualified practitioners are trained to work holistically with clients in a counselling setting to enable clients to understand how the mind works and to help them rediscover hidden talents, strengths and abilities in themselves.

The following pages outline the Metaphysical Society Practitioner Training Programme. This Programme is designed to be taken part time. Students can complete the programme over a period of 2 years, but due to its modular nature, students may spread the training over a longer period to work around other commitments.

Although the courses lead to qualification as a Metaphysical and Spiritual Counsellor, they are also often taken for personal development. Personal development is a key element in the process of training to be a Metaphysical and Spiritual Counsellor.



## THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING “INTRODUCTORY COURSE IN SELF AWARENESS”

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If you are fairly new to metaphysical or spiritual principles and just want a brief overview of the subject before deciding whether to go further, then we would suggest you take this short introductory course comprising 6 mini-workshops of 2<sup>1</sup>/<sub>2</sub> hours, or an equivalent workshop, often a long weekend.

### AN INTRODUCTORY COURSE IN SELF AWARENESS

#### THIS COURSE EXPLORES:

- ♥ WHO AM I?
- ♥ WHAT IS THE NATURE OF THIS UNIVERSE?
- ♥ WHY ARE WE HERE?
- ♥ WHY DOES SUFFERING OCCUR?
- ♥ IS THERE A PLAN FOR EACH OF US?
- ♥ IS THERE A REASON FOR THE EVENTS IN OUR LIVES?
- ♥ CAN WE CHANGE OUR EXPERIENCES AND REACTIONS TO PEOPLE & SITUATIONS?



#### This short course includes:

- ⇒ The main principles of Metaphysics
- ⇒ Key Spiritual Laws
- ⇒ Using affirmations to over come resistance
- ⇒ The Spiritual purpose of relationship
- ⇒ The gift of forgiveness
- ⇒ Finding our life’s direction through inner guidance
- ⇒ The benefits of meditation

And provides a perfect introduction  
to further study with the MSEC

## Module A: The 12 Keys to Consciousness

A 6-DAY TRANSFORMATION PROGRAMME FOR INDIVIDUALS  
WHO ARE TRULY READY FOR CHANGE!

- ⇒ Would you like to enjoy life Now rather than when you have more time, money, a different house, partner, job.....?
- ⇒ Would you like to find the key to easier, more loving relationships?
- ⇒ Would you like to experience peace in today's stormy world?
- ⇒ Do you sometimes wonder what Life is all about?
- ⇒ Have you wanted to help people experiencing emotional turmoil, but not known how?



### THIS 6-DAY WORKSHOP CAN:

- ♥ Form the first step in training as a Holistic Counsellor
- ♥ Be taken as a programme of Personal Development which will guide you to experiencing more Peace, Joy and Happiness in your life.

### AND INCLUDES:

- ♥ UNLOCKING THE DOOR TO THE LIMITLESS SELF
- ♥ LETTING THE DIVINE PLAN OF YOUR LIFE UNFOLD
  - ♥ COPING WITH THE CHALLENGE OF CHANGE
- ♥ YES YOU CAN! - DEPENDING ON SPIRITUAL CONFIDENCE
  - ♥ LETTING GO OF FEAR - TAKING RISKS
- ♥ NO MORE ENEMIES—HEALING THE CONFLICT WITHIN
- ♥ EMBRACING THE REJECTED SELF WITH COMPASSION
  - ♥ BECOMING EMPOWERED BY RELEASING BLAME
    - ♥ FROM BETRAYAL TO TRUST
- ♥ FINDING MEANING IN WHAT APPEARS TO GO WRONG
  - ♥ CULTIVATING A GENEROUS HEART
    - ♥ LETTING LOVE LIVE YOUR LIFE

THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING  
FOUNDATION COURSE: SECOND LEVEL

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## Module B: EXPANDING AWARENESS

⇒ This workshop is designed for those who have already attended Module A: 12 Keys to Consciousness and would like to take the principles deeper. It can be taken for personal growth or as the next step towards professional training.

### THIS 6-DAY WORKSHOP:

- ♥ Helps us take a closer look at how life works and how our experiences outpicture our consciousness.

### IT INCLUDES:

- ♥ EXPANDING ON METAPHYSICAL PRINCIPLES & THE LAWS OF THE UNIVERSE
- ♥ SPIRITUAL SOLUTIONS FOR EVERYDAY PROBLEMS
- ♥ ACCESSING THE HEALING CONSCIOUSNESS
- ♥ OPENING THE HEART AND CONNECTING WITH THE SPIRIT OF LOVE
- ♥ DEVELOPING OUR ABILITY TO PRAY AFFIRMATIVELY
- ♥ HOW MENTAL PATTERNS CAN CONTRIBUTE TO DISEASE
- ♥ THE NATURE OF SUPPLY
- ♥ THE 10 COMMANDMENTS OF PROSPERITY
- ♥ UNDERSTANDING LOVE
- ♥ UNFOLDING THE SACRED SELF
- ♥ THE TRUTH ABOUT KARMA
- ♥ THE MIND AND HOW IT WORKS
- ♥ AN INTRODUCTION TO SPIRITUAL COUNSELLING



# THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING FOUNDATION COURSE: THIRD LEVEL

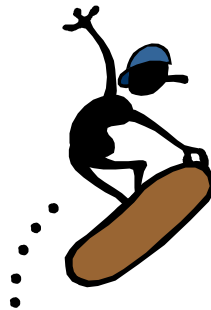
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## Module C: LIVING THE PRINCIPLES

- ⇒ Gathering knowledge is wonderful but if we don't practise what we learn, nothing changes. Knowledge in practise becomes Wisdom and that is the purpose of this Module. This part of the programme is designed for those who have already attended Modules A&B and would like to apply the principles in their lives.
- ⇒ It is the final stage in the Foundation Course and carries an official MSEC Certificate of Completion.

### THIS 6-DAY WORKSHOP INCLUDES:

- ♥ 10 COMMANDMENTS OF INNER PEACE ♥ FAMILY HAPPINESS
- ♥ FINDING GOD IN JOY ♥ RANDOM ACTS OF KINDNESS
- ♥ FREEING OURSELVES FROM THE PAST ♥ MEDITATION & MANTRA
- ♥ LOVING THE UNLOVEABLE ♥ EMBRACING GRACE
- ♥ HANDLING THE DARK NIGHT EXPERIENCE ♥ WALKING OUR TALK
- ♥ ATTITUDES OF GRATITUDE ♥ HEALING RESENTMENT
- ♥ MOVING BEYOND SCRIPTS ♥ HANDLING JEALOUSY & INSECURITY
- ♥ RELEASING GUILT ♥ REALLY LIVING THE 12 KEYS
- ♥ UNDERSTANDING & COMPASSION ♥ LOVE IN ACTION
- ♥ BUDDHIST & SANSKRIT MEDITATION ♥ THE HEALING POWER OF SOUND
- ♥ SURRENDERING TO THE DIVINE
- ♥ TRUSTING THE PROCESS
- ♥ FINDING GOD IN GRIEF
- ♥ HEALING & REVEALING
- ♥ PRAYING FOR THE ENEMY



## **PRACTITIONER COURSE IN METAPHYSICAL & SPIRITUAL STUDIES**

- ⇒ This workshop is designed for those who have already attended Modules A, B & C and would like to train to become a Metaphysical and Spiritual Counsellor. It may also be taken by anyone simply wishing to enhance their own personal and spiritual awareness.
- ⇒ Learn how to apply the principles to help clients-guiding them to a more loving, joyful experience of life and a growing Awareness of who they really are.

### **THIS COURSE CONSISTS of 18 FULL DAYS of TRAINING**

- ♥ The course is usually spread over a year to enable students to complete required assignments and undergo further personal growth
- ♥ Students who wish to qualify are required to: take out student insurance (which must be upgraded to practitioner insurance on successful completion to enable membership of MSEC), complete practice client case histories, receive personal Metaphysical/Spiritual Counselling and take an exam at the end of the course. Apart from student insurance, these requirements are not necessary if you are taking the programme purely for your own personal growth.



# THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING PRACTITIONER COURSE

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## THE COURSE INCLUDES:

- ♥ THE SPIRITUAL PRACTITIONERS TOOLKIT
  - ♥ HEALING THROUGH AWARENESS
- ♥ THE FUNDAMENTAL PRINCIPLES OF SPIRITUAL & METAPHYSICAL COUNSELLING
  - ♥ BECOMING A MORE EFFECTIVE PRACTITIONER
    - ♥ TUNING IN TO HIGHER WISDOM
    - ♥ PRACTITIONERS CASEBOOK
- ♥ DAILY SPIRITUAL PRACTISE TO ENHANCE THE REALISATION OF ONENESS
  - ♥ THE PROBLEM ALWAYS HAS A GIFT WITHIN IT
- ♥ SELF WORTH & THE APPROVAL TRAP SURRENDER VS STRUGGLE
  - ♥ THE 10 COMMANDMENTS OF TRUE RELATIONSHIP
    - ♥ THE POWER OF PRAYER & ITS MANY FORMS
- ♥ WHEN THE STUDENT IS READY—THE TEACHER WILL APPEAR
- ♥ DEALING WITH CLIENTS AT THEIR OWN LEVEL OF AWARENESS
  - ♥ HELPING THE CLIENT TURN ADVERSITY INTO OPPORTUNITY
    - ♥ THE CHALLENGES OF THE SPIRITUAL PATH
      - ♥ THE TRUE IDENTITY BEHIND THE MASK
- ♥ GOING BEYOND THE SCRIPT OF THE FALSE SELF
  - ♥ THE DARKEST HOUR IS JUST BEFORE DAWN
    - ♥ THE 4 LEVELS OF FORGIVENESS
    - ♥ EXPRESSING FEELINGS & NEEDS
    - ♥ EMBRACING THE INNER CRITIC
    - ♥ MEETING THE DISOWNED SELVES
    - ♥ THE WAY OF THE MYSTIC

## MODULE D: FACILITATOR TRAINING

- ⇒ This optional Module consists of 6 one day workshops designed to teach individuals how to present and facilitate the self awareness course described on page 4.
- ⇒ Students must already have completed Modules A, B & C.

### THIS COURSE INCLUDES:

- ♥ HOW TO FACILITATE A SMALL GROUP
- ♥ HOW TO LEAD A GROUP IN MEDITATION
- ♥ PRESENTING METAPHYSICAL & SPIRITUAL PRINCIPLES
- ♥ HELPING THE GROUP TO GREATER SELF AWARENESS
- ♥ CREATING A HARMONIOUS ATMOSPHERE
- ♥ UNFOLDING YOUR LEADERSHIP SKILLS



## THE METAPHYSICAL SOCIETY PRACTITIONER TRAINING COURSE FORMATS & COSTS

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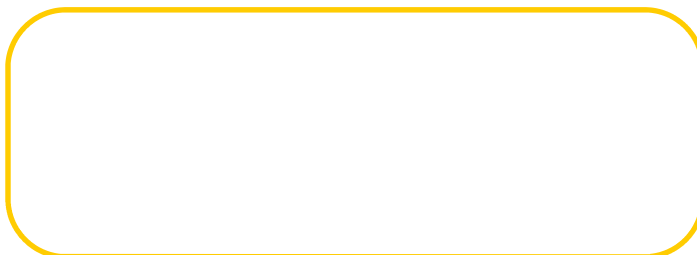
### COURSE PRICES 2008

COURSE	PRICE PER DAY	TYPICAL PRE-PAY DISCOUNT PRICES
Introductory Course	£90 for whole course	£80 for “early bird” advance payment
Module A	£65	£335 for all 6 days
Module B	£70	£380 for all 6 days
Module C	£70	£380 for all 6 days
Module D	£75	£410 for all 6 days
Practitioner Course	£75	£1175 for all 18 days or £5630 pre-paid for each 9 days or £435 pre-paid for each set of 6 days

Courses are held in various locations around the UK by qualified MSEC Trainers. Per day prices are set by the MSEC, but pre-pay discounts are determined by individual trainers to take account of venue costs etc.

For contact details of MSEC trainers, visit the MSEC website ([www.metaphysicalsociety.com](http://www.metaphysicalsociety.com)) or phone the MSEC on 020 8305 2317.

Your local MSEC contact is:





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